SCIENTIFIC PROGRAMME

4th Kuwait Atrial Fibrillation Symposium 2026

Saturday, 10 October 2026 Waldorf Astoria, Kuwait Chairperson: **Dr. Samah AlKharji**

09:30 – 09:40	Welcome & Opening — AF in 2026: What Has Changed?	Dr. Samah AlKharji

SESSION 1 The AF Ablation Landscape 2026

Moderators Dr. Fawziah AlKandari & Dr. Mohamad ElKholy

09:40 – 09:55	PFA in 2026: Has It Become the New Standard for AF Ablation?	Dr. Yasmeen Salmeen
09:55 – 10:10	Earlier Ablation, Better Outcomes? Who Should We Refer — and When?	Dr. Abdullah AlShaheen
10:10 – 10:25	Persistent AF in the PFA Era: Is PVI Enough?	Dr. Hani AlHumood
10:25 – 10:50	PANEL The AF Ablation Landscape: What Has Actually Changed?	Speakers & moderators
10:50 – 11:05	Coffee Break	

SESSION 2 AF Before & Beyond the First Episode

Moderators Dr. Fawziah AlKandari & Dr. Hani AlHumood

11:05 – 11:20	Can We Prevent AF Before It Starts? The "Pre-AF" Patient & Emerging Risks	Dr. Samah AlKharji
11:20 – 11:35	The Metabolic Treatment of AF: GLP-1/GIP & SGLT2 Inhibitors	Dr. Khalil AlShowaiker
11:35 – 11:50	Imaging the AF Substrate: Beyond LA Size	Dr. Nashwa Ahmad
11:50 – 12:15	PANEL Can We Change the Natural History of AF?	Speakers & moderators

SESSION 3 Rethinking Stroke Prevention

Moderators Dr. Ali AlSayegh & Dr. Mohamad ElKholy

12:15 – 12:30	Anticoagulation in 2026: From Factor Xa to Factor XI	Dr. Muna AlRasheed
12:30 – 12:45	Concomitant PVI & LAA Closure: Applying OPTION to Clinical Practice	Dr. Hani AlHumood
12:45 – 13:00	Can We Stop Anticoagulation After Successful AF Ablation? — ALONE-AF	Dr. Yasmeen Salmeen
13:00 – 13:15	PANEL Beyond Lifelong Anticoagulation: Individualizing Stroke Prevention	Speakers & moderators
13:15 – 14:00	Lunch	

SESSION 4 AF in Special Clinical Settings

Moderators Dr. Mohamad ElKholy & Dr. Yasmeen Salmeen

14:00 – 14:15	AF & HFpEF: Is Earlier Rhythm Control the Next Frontier?	Dr. Bader AlAyyad
14:15 – 14:30	Atrial Fibrillation in Women: Pregnancy and Beyond	Dr. Samah AlKharji
14:30 – 14:45	AF Post-Cardiac Surgery: Management and Controversies	Dr. Nael AlSarraf
14:45 – 15:15	PANEL AF in Special Clinical Settings: What Would You Do?	Speakers & moderators
15:15 – 15:30	Closing — AF 2026: What Will We Do Differently Tomorrow?	